

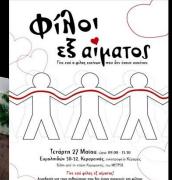


**₩** Кλіµака











## We Are:

A social, non- profit organization, providing mental health services and implementing actions against social exclusion of vulnerable individuals and groups, in Greece and abroad



## We Work:

# towards providing specialized mental health services.

#### psychiatric and psychosocial support

✓ (consultancy,housing, training, occupational reintegration, legal support, etc)

to individuals who belong to vulnerable groups with multisided problems, who need systematic and thorough intervention.





"KLIMAKA" designs and implements projects to confront the primary causes that create and reproduce social exclusion and futhermore the consequences of social exclusion



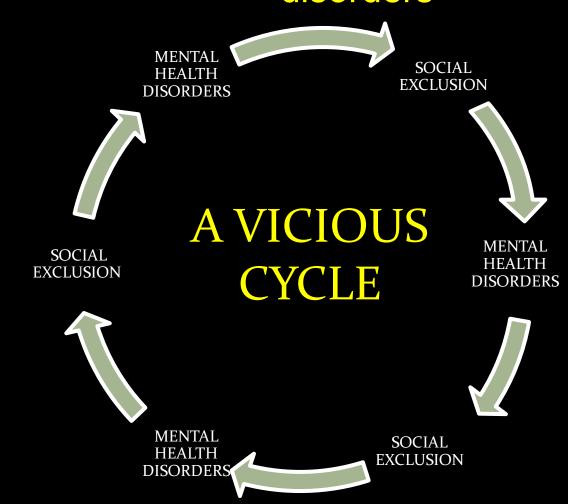
KLIMAKA

VS SOCIAL EXCLUSION

- \* KLIMAKA provides assistance to groups and individuals who are socially excluded on the grounds of age, sex, religion, race, culture, ethnicity and health factors.
- Supporting them in their efforts to confront their problems and demand their rights.

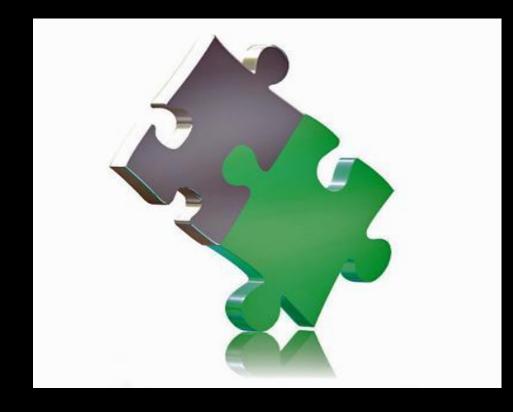
#### Mental health disorders lead to social exclusion

☐ Social exclusion causes mental health disorders









• Klimaka intervenes at the point where mental health disorders are associated with social exclusion problems.

# in few words...

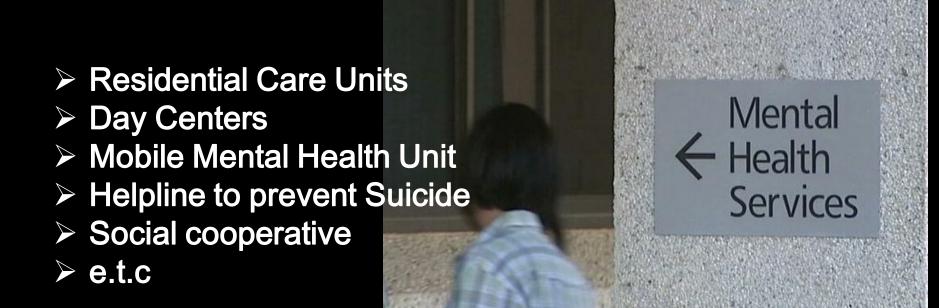
• Through interventions in the areas of health, education, employment, housing, social participation. e.t.c



We support the socially excluded people, in order to obtain the greatest potential to function independently in the community

# MENTAL HEALTH SERVICES across Greece

• most of our actions are supervised by the Greek Ministry of health, concerning the operation of mental health Units:



# MENTAL HEALTH SERVICES iiinin Afghanistan and in N. Iraq



Under the Greek Ministry of Foreign Affairs, KLIMAKA has implemented 4 project in Afghanistan and in N. Iraq, concerning the psychiatric training of general practitioners and nurses as well as the upgrading of mental health services at national level

### We empower & Support

#### **TARGET GROUPS**

People suffering from mental health problems

Religious and ethnic minorities

**Homeless people** 

Immigrants, refugees & asylum seekers

Prisoners, ex-prisoners and young offenders

Abused women & Victims of human trafficking

Persons with serious social problems



### Our philosophy, our vision, our action

# Klimaka

Organization for the Development of Human and Social Capital to Combat Social Exclusion

Believes and invests in human and social capital





# We are **not** a charity

We differentiate from the practice of non-productive philanthropy We aim:

At the social integration of vulnerable individuals and groups, through the development of their skills to achieve an independed life. Rather than providing support based on charity.



## We aim at:

# ✓The reinforcement of social excluded people towards:

- The adoption of an active role towards life
- Their responsible demand of rights

(shape of political and social awareness)

- Their gradual independence
- Their equal integration in the society



### We encourage:

✓ the socially excluded people to actively participate while we design and implement programs and activities.

We discourage passive acceptance of the help provided

## We provide:

✓Services in all levels of care:



Services provided free of charge /Total Number of users: (est.) 20.000 persons



### We Believe...



In the individual and his/her right for quality of life beyond any discrimination



to Combat Social Exclusion

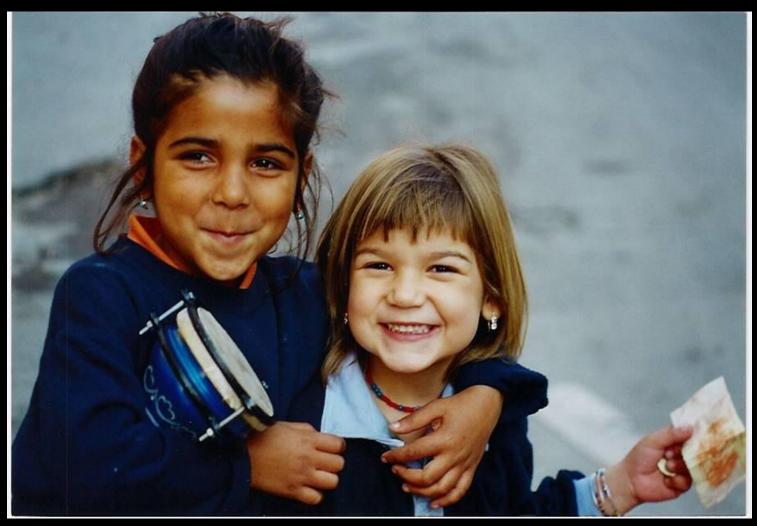
to Combat Social Exclusion

of Human and Social Capit

### We defend...

Fundamental Human and social rights





We work for the individual beyond race, nationality and color



### Me incide in to combat social exclusion

Some of KLIMAKA 's staff belong to vulnerable social groups (Rom, Greek Muslims, ex-homeless, people released from prison etc)

√The percentage of employees who belong to vulnerable groups or groups in high risk reaches 30% of the total of employees (189 persons) and it is our aim to increase it.

√Women overrepresent the total of the human resources of the organization.





### **Our Actions**

✓Participation in the psychiatric reform and de-institutionalization

✓Developmental and Humanitarian programmes abroad

✓Materialization of programmes providing psychosocial support and social incorporation to excluded populations

**√**Research

**√**Education

**√**Networks